

African Dwarf Frog Care Sheet

1. Habitat:

Provide a suitable aquarium with a capacity of at least 5 gallons per frog.

Use an aquarium heater and thermometer to maintain a water temperature of 75-82°F (24-28°C).

Use a filter to keep the water clean and provide gentle water movement.

Ensure the aquarium has a secure lid to prevent escapes.

2. Water Quality:

Use dechlorinated water for the aquarium and perform regular water changes.

Maintain appropriate water parameters, including a pH level of 6.5-7.5 and neutral to slightly hard water.

Test the water regularly using aquarium test kits.

3. Substrate:

Use fine gravel or sand as the substrate at the bottom of the aquarium.

Ensure the substrate is clean and free of sharp edges that could harm the frogs.

4. Feeding:

Feed your African Dwarf Frogs a varied diet of commercial sinking frog pellets, frozen or live foods.

Offer a combination of brine shrimp, bloodworms, daphnia, and other small invertebrates.

Feed them small amounts of food 2-3 times a day, removing any uneaten food to maintain water quality.

5. Tank Mates:

African Dwarf Frogs are generally peaceful and can be kept together.

Avoid housing them with larger, aggressive fish that may harm or outcompete them for food.

6. Habitat Enrichment:

Provide hiding places in the form of caves, plants, or other aquarium decorations.

Use live or silk aquarium plants to create a more natural environment.

Avoid sharp or rough decorations that could cause injury to the frogs.

7. Handling:

African Dwarf Frogs are delicate and easily stressed, so minimal handling is recommended.

If you need to handle them, wet your hands with dechlorinated water and gently scoop them up from below.

8. Health and Hygiene:

Monitor your frogs for any signs of illness, such as lethargy, loss of appetite, or abnormal behavior.

Quarantine any new additions to the tank to prevent the spread of diseases.

Regularly clean the aquarium, including removing waste and maintaining proper filtration.

9. Lighting:

African Dwarf Frogs are primarily nocturnal and do not require special lighting.

However, providing a low-intensity light cycle can help establish a day-night cycle for their well-being.

Remember, African Dwarf Frogs are aquatic creatures and require a suitable aquatic habitat for their optimal health. This care sheet serves as a general guideline, but it's important to research and understand the specific needs of African Dwarf Frogs. Consulting with experienced frog keepers or herpetologists can provide

further guidance for the care and well-being of your African Dwarf Frogs.